

Helpers

Reference list compiled by Atle Dyregrov PhD, Center for Crisis Psychology, Bergen, Norway, e-mail address: atle@krisepsyk.no

Articles are listed by the name of the first author.

- Adams, L. M. (2007). Mental health needs of disaster volunteers: A plea for awareness. *Psychiatric Care, 43*, 52–54.
- Adams, R. E., Boscarino, J. A., & Figley, C. R. (2006). Compassion fatigue and psychological distress among social workers: A validation study. *American Journal of Orthopsychiatry, 76*, 103–108.
- Alden, L. E., Regambal, M. J., & Laposa, J. M. (2008). The effects of direct versus witnessed threat on emergency department healthcare workers: Implications for PTSD criterion A. *Journal of Anxiety Disorders, 22*, 1337–1346.
- Alexander, J. G., de Chesnay, M., Marshall, E., Ree Campell, A., Johnson, S., & Wright, R. (1989). Research note: Parallel reactions in rape victims and rape researchers. *Violence and Victims, 4*, 57–62.
- Alexander, D. A. (1993). Stress among police body handlers. *British Journal of Psychiatry, 163*, 806–808.
- Alexander, D. A. (1994). A study of methods used by Scottish police officers to cope with work-induced stress. *Stress Medicine, 10*, 131–138.
- Alexander, D. A., & Klein, S. (2001). Ambulance personnel and critical incidents. *British Journal of Psychiatry, 178*, 76–81.
- Alexander, D. A., & Ritchie, E. (1990). Stressors and difficulties in dealing with the terminal patient. *Journal of Palliative Care, 3*, 28–33.
- Alden, L. E., Regambal, M. J., & Laposa, J. M. (2008). The effects of direct versus witnessed threat on emergency department healthcare workers: Implications for PTSD criterion A. *Journal of Anxiety Disorders, 22*, 1337–1346.
- Alghamdi, M., Hunt, N., & Thomas, S. (2015). The effectiveness of narrative exposure therapy with traumatized firefighters in Saudi Arabia: a randomized controlled study. *Behaviour Research and Therapy, 66*, 64–71.
<http://dx.doi.org/10.1016/j.brat.2015.01.008>.
- Al-Naser, F. & Everly, G. S. (1999). Prevalence of posttraumatic stress disorder among Kuwaiti firefighters. *International Journal of Emergency Mental Health, 1*, 99 – 101.
- Alvarez, J., & Hunt, M. (2005). Risk and resilience in canine search and rescue handlers after 9/11. *Journal of Traumatic Stress, 18*, 497–505.
- Andreasson, S., Gullberg, M. T., Olsson, H. M., & Hamrin, E. (1992). Medical laboratory technologists' perception of professional self. *Scand Journal of Caring Sciences, 6*, 67–74.
- Armstrong, K., O'Callaghan, W., & Marmar, C. R. (1991). Debriefing Red Cross disaster personnel: The multiple stressor debriefing model. *Journal of Traumatic Stress, 4*, 581–593.
- Augestad, L. B., & Levander, S. (1992). Personality, health and job stress among employees in a Norwegian penitentiary and in a maximum security hospital. *Work & Stress, 6*, 65–79.
- Bacharach, S. B., Bamberger, P. A., & Doveh, E. (2008). Firefighters, critical incidents, and drinking to cope: The adequacy of unit-level performance resources as a source of vulnerability and protection. *Journal of Applied Psychology, 93*, 155—169.

- Baird, S., & Jenkins, S. R. (2003). Vicarious traumatization, secondary traumatic stress, and burnout in sexual assault and domestic violence agency staff. *Violence and Victims*, 18, 71–86.
- Baker, R. R. (1989). The military nurse experience in Vietnam: stress and impact. *Journal of Clinical Psychology*, 45, 736–744.
- Ballone, E., Valentino, M., Occhiolini, L., Mascio, D., Cannone, D., & Schioppa, F. S. (2000). Factors influencing psychological stress levels of Italian peacekeepers in Bosnia. *Military Medicine*, 165, 911 – 915.
- Bartone, P. T. (1998). Dimensions of psychological stress in peacekeeping operations. *Military Medicine*, 163, 587–593.
- Bartone, P. T., Adler, A. B., & Vaitkus, M. A. (1998). Dimensions of psychological stress in peacekeeping operations. *Military Medicine*, 163, 587–593.
- Bartone, P. T., Ursano, R. J., Wright, K. M., & Ingraham, L. H. (1989). The impact of a military air disaster on the health of assistance workers. *The Journal of Nervous and Mental Disease*, 177, 317–328.
- Batson, C. D., & Shaw, L. L. (1991). Evidence and altruism: toward a pluralism of prosocial motives. *Psychological Inquiry*, 2, 107–122.
- Baverstock, A. C., & Finlay, F. O. (2015). Maintaining compassion and preventing compassion fatigue: a practical guide. *ADC Education & Practice Edition*, 0, 1–5. <http://dx.doi.org/10.1136/arcdischild-2015-308582>.
- Becker, L. R., Zaloshnja, E., Levick, N., Li, G., & Miller, T. R. (2003). Relative risk of injury and death in ambulances and other emergency vehicles. *Accident Analysis and Prevention*, 35, 941–948.
- Beaton, R., Murphy, S., Johnson, C., Pike, K., & Corneil, W. (1998). Exposure to duty-related incident stressors in urban firefighters and paramedics. *Journal of Traumatic Stress*, 11, 821–828.
- Beaton, R., Murphy, S., Johnson, C., Pike, K., & Corneil, W. (1999). Coping responses and posttraumatic stress symptomatology in urban fire service personnel. *Journal of Traumatic Stress*, 12, 293–308.
- Ben-Ezra, M., Palgi, Y., Hamama-Raz, Y., Soffer, Y., & Shrira, A. (2013). Against all odds: a preliminary study comparing hospital personnel and rescue personnel reactions to Haiti's earthquake. *General Hospital Psychiatry*, 35, e1–e2.
- Ben-Ezra, M., Palgi, Y., Walker, R., Many, A., Hamam-Raz, Y. (2013). The impact of perinatal death on obstetrics nurses: a longitudinal and cross-sectional examination. *Journal of Perinatal Medicine*, doi: 10.1515/jpm-2013-0071.
- Bennett, P., Williams, Y., Page, N., Hood, K., Woppard, M., & Vetter, N. (2005). Associations between organizational and incident factors and emotional distress in emergency ambulance personnel. *British Journal of Clinical Psychology*, 44, 215–226.
- Berah, E. F., Jones, H. J., & Valent, P. (1984). The experience of a mental health team involved in the early phase of a disaster. *Australian and New Zealand Journal of Psychiatry*, 18, 354–358.
- Berceli, D., & Napoli, M. (2007). A proposal for a mindfulness-based trauma-prevention program for social work professionals. *Complementary Health Practice Review*, 11, 1–13.
- Berge, T. (2005). Sekundær traumatisering, vikarierende traumatisering og omsorgstretthet. *Tidsskrift for Norsk Psykologforening*, 42, 125–127
- Berger, W., Coutinho, E. S. F., Figueira, I., Marques-Portella, C., Luz, M. P., Neylan, T. C., ... Mendlowicz, M. V. (2011). Rescuers at risk: a systematic review and meta-

- regression analysis of the worldwide current prevalence and correlates of PTSD in rescue workers. *Social Psychiatry and Psychiatric Epidemiology*, 47(6), 1001–1011. <http://doi.org/10.1007/s00127-011-0408-2>
- Bergen, C. W., Soper, B., Rosenthal, G., Cox, S., & Fullerton, R. (1999). When helping hurts: negative effects of benevolent care. *Journal of the American Psychiatric Nurses Association*, 5, 134–136.
- Bergmann, L. H., & Queen, T. R (1986). Critical incident stress, part 2. *Fire Command*, May, 52–56.
- Bergmann, L. H. & Queen, T. R. (1986). Critical Incident Stress, part 1. *Fire Command*, April, 18–20.
- Bierhoff, H. W., Klein, R., & Kramp, P. (1991). Evidence for the altruistic personality from data on accident research. *Journal of Personality*, 59, 263–280.
- Bills, C.B., Levy, N. A. S., Sharma, V., Charney, D. S., Herbert, R., Moline, J., & Katz, C. L. (2008). Mental health of workers and volunteers responding to events of 9/11: Review of the literature. *Mount Sinai Journal of Medicine*, 75, 115–127.
- Bjerneld, M., Lindmark, G., Diskett, P., & Garrett, M. J. (2004). Perceptions of work in humanitarian assistance: Interviews with returning Swedish health professionals. *Disaster Management & Response*, 2, 101–108
- Boscarino, J. A., Figley, C. R., & Adams, R. E. (2004). Compassion fatigue following the September 11 terrorist attacks: A study of secondary trauma among New York City social workers. *International Journal of Emergency Mental Health*, 6, 57–66.
- Bolton, E. E., Glenn, D. M., Orsillo, S., Roemer, L., & Litz, B. T. (2003). The relationship between self-disclosure and symptoms of posttraumatic stress disorders in peacekeepers deployed to Somalia. *Journal of Traumatic Stress*, 16, 203–210.
- Bober, T., & Regehr, C. (2006). Strategies for reducing secondary or vicarious trauma: do they work? *Brief Treatment and Crisis Intervention*, 6, 1–9.
- Botten, E. (1991). Hva med omsorgen for hjelperen? *Omsorg*, 1, 41–44.
- Bramsen, I., Dirkzagwer, A.J.,E., van Esch, S., C., M., & van der Ploeg, H., M. (2001). Consistency of self-reports of traumatic events in a population of Dutch peacekeepers: Reason for Optimism? *Journal of Traumatic Stress*, 14, 733–740
- Brandt, G. T., Fullerton, C. S., Saltzgaber, L., Ursano, R. J., & Holloway, H. (1995). Disasters: psychological responses in health care providers and rescue workers. *Nordic Journal of Psychiatry*, 49, 89–94.
- Britton, N. R. (1986). Developing an understanding of disaster. *Australian and New Zealand Journal of Sociology*, 22, 254–271.
- Brondolo, E., Wellington, R., Brady, N., Libby, D., & Brondolo, T. J. (2008). Mechanism and strategies for preventing post-traumatic stress disorder in forensic workers responding to mass fatality incidents. *Journal of Forensic and Legal Medicine*, 15, 78–88.
- Brown, J., Mulhern, G., & Joseph, S. (2002). Incident-related stressors, locus of control, coping, and psychological distress among firefighters in northern-Ireland. *Journal of Traumatic Stress*, 15, 161–168.
- Bryant, R. A., & Harvey, A. G. (1995). Posttraumatic stress in volunteer firefighters. *The Journal of Nervous & Mental Disease*, 183, 267–271.
- Burkle, F. M. (1983). Coping with stress under conditions of disaster and refugee care. *Military Medicine*, 148, 800–803.
- Bustos, E. (1990). Dealing with the unbearable: Reactions of therapists and therapeutic institutions to survivors of torture. In P. Suedfeld (Ed.), "Psychology and torture. New York: Hemisphere publishing company.

- Campbell, L. (2007). Utilizing compassion fatigue education in hurricanes Ivan and Katrina. *Clinical Social Workers Journal*, 35, 165–171.
- Cardozo, B. L., Holtz, T. H., Kaiser, R., Gotway, C. A., Ghitis, F., Toomey, E., & Salama, P. (2005). The mental health of expatriate and Kosovar Albanian humanitarian aid workers. *Disasters*, 29, 152–170.
- Carey, T., Gallagher, J. & Greiner, B. A. (2013). Post-traumatic stress and coping factors among search and recovery divers. *Occupational Medicine*, doi: 10.1093/occmed/kqt125.
- Carlström, A., Lundin, T., & Otto, U. (1990). Mental adjustment of Swedish UN soldiers in South Lebanon. *Stress Medicine*, 6, 305–310.
- Cetin, M., Kose, S., Ebrinc, S., Yigit, S., Elhai, J. D., & Basoglu, C. (2005). Identification and posttraumatic stress disorder symptoms in rescue workers in the Marmara, Turkey, earthquake. *Journal of Traumatic Stress*, 18, 485–489.
- Chemtob, C. M., Hamada, R. S., Bauer, G., & Torigoe, R.Y. (1988). Patient Suicide: Frequency and Impact on Psychologists. *Professional Psychology: Research and Practice*, 19, 416–420.
- Chong, M-Y., Wang, W-C., Hsieh, W-C., Lee, C-Y., Chiu, N-M., Yeh, W-C., Huang, T_L., Wen, J-K., & Chen, C. L. (2004). Psychological impact of severe acute respiratory syndrome on health workers in a tertiary hospital. *British Journal of Psychiatry*, 185, 127–133.
- Christie, V. M., & Ingstad, B. (1997). Når leger blir syke. *Tidsskrift for den norske lægeforening*, 9, 1286–1289.
- Ciuca, R., Downie, C. S., & Morris, M. (1977). When a disaster happens, how do you meet emotional needs? *American Journal of Nursing, March*, 454–456.
- Coifman, K. G., Bonnano, G. A., & Rafaeli, E. (2007). Affect dynamics, bereavement and resilience to loss. *Journal of Happiness Studies*, 8, 371–392.
- Colarossi, L., Heyman, J., & Phillips, M. (2005). Social workers' experiences of the World Trade Center disaster: Stressors and their relationship to symptom types. *Community Mental Health Journal*, 41, 185–198.
- Cole, R., Hayes, B., Jones, D., & Shah, S. (2013). Coping strategies used by school staff after a crisis: a research note. *Journal of Loss and Trauma*, 18, 472–481. Doi: 10.1080/15325024.2012.719335
- Collins, S., & Long, A. (2003). Too tired to care? The psychological effects of working with trauma. *Journal of Psychiatric and Mental Health Nursing*, 10, 17–27.
- Comaz-Diaz, L., & Padilla, A. M. (1990). Countertransference in working with victims of political repression. *American Journal of Orthopsychiatry*, 60, 125–134.
- Cooper, C. L., & Mitchell, S. (1990). Nursing the critically ill and dying. *Human Relations*, 43, 297–311.
- Cardozo, B. L., Crawford, C. G., Eriksson, C., Zhu, J., Sabin, M., Ager, A., et al. (2012). Psychological distress, depression, anxiety, and burnout among international humanitarian aid workers: A longitudinal study. *Public Library of Science*, 7, (9), doi:10.1371/journal.pone.0044948
- Cocker, F., & Joss, N. (2016). Compassion fatigue among healthcare, emergency and community service workers: a systematic review. *International Journal of Environmental Research and Public Health*, 13, (618), 1–18. doi:10.3390/ijerph13060618.
- Cornille, T. A. & Meyers, T. W. (1999). Secondary Traumatic Stress Among Child Protective Service Workers: Prevalence, severity and predictive factors. *TRAUMATOLOGY*, 5:1, 2, 1–17.

- Costa, M., Oberholzer-Ris, M., Hatz, C., Steffen, R., Puhan, M., & Schlagenhauf, P. (2015). Pre-travel health advice guidelines for humanitarian workers: a systematic review. *Travel medicine and Infectious Disease*, 13, 449–465.
<http://dx.doi.org/10.1016/j.tmaid.2015.11.006>.
- Craig, C. D., & Sprang, G. (2010). Compassion satisfaction, compassion fatigue, and burnout in a national sample of trauma treatment therapists. *Anxiety, Stress & Coping*, 23 (3), 319–339.
- Creamer, T. L. & Liddle, B. J. (2005). Secondary traumatic stress among disaster mental health workers responding to the September 11 attacks. *Journal of Traumatic Stress*, 18, 89–96.
- Cwikel, J. G., Kacen, L., & Slonim-Nevo, V. (1993). Stress management consultation to Israeli social workers during the Gulf War. *Health & Social Work*, 18, 172–83.
- Daly, E. S., Gulliver, S. B., Zimering, R. T., Knight, J., Kamholz, B. W., & Morissette, S. B. (2008). Disaster mental health workers responding to ground zero: One year later. *Journal of Traumatic Stress*, 21, 227–230.
- Danieli, Y. (1984). Psychotherapists' participation in the conspiracy of silence about the Holocaust. *Psychoanalytic Psychology*, 1, 23–42.
- Danieli, Y. (1988). Confronting the unimaginable. Psychotherapists' reactions to victims of the Nazi Holocaust. I.J. P. Wilson, Z. Harel & Kahana, B. (Eds.), *Human adaption to extreme stress* (pp. 219–238). New York: Plenum press.
- Daniels, J. A., Bradley, M. C., & Hays, M. (2007). The impact of school violence on school personnel: implications for psychologists. *Professional Psychology: Research and Practice*, 38, 652–659.
- Davidson, K. W., & Foster, Z. (1995). Social work with dying and bereaved clients: helping the workers. *Social Work in Health Care*, 21, 1–16.
- Davidson, P., & Jackson, C. (1985). The nurse as a survivor: delayed post-traumatic stress reaction and cumulative trauma in nursing. *International Journal of Nursing Studies*, 22, 1–13.
- Defey, D. (1995). Helping health care staff deal with perinatal loss. *Infant Mental Health Journal*, 16, 102–111.
- Del Ben, K. S., Scotti, J. R., Chen, Y-C, & Fortson, B. L. (2006). Prevalence of posttraumatic stress disorder symptoms in firefighters. *Work & Stress*, 20, 37–48.
- De Soir, E. L. J. L. (2003). The prevention of psychological trauma in fire, rescue, police & military personnel. *Forum*, 8, 27–50.
- Deutsch, C. J. (1985). A survey of therapists' personal problems and treatment. *Professional Psychology: Research and Practice*, 16, 305–315.
- Devencezi, T., & O'Keefe, J. (2006). To err is human: supporting the patient care provider in the aftermath of an unanticipated adverse clinical outcome. *International Journal of Emergency Mental Health*, 8, 131–135.
- Dewane, C. J. (1984). Posttraumatic stress disorder in medical personnel in Vietnam. *Hospital and Community Psychiatry*, 35, 1232–1234.
- Diminic, I., Franciskovic, T., Delic, B., Serdarevic, I., & Moro, L. (1994). Traumatization of group leaders in their work with displaced persons. *Group*, 18, 46–54.
- Dirkzwager, A.J.E., Bramsen, I., Adèr, H., & Ploeg van der, H.M. (2005). Secondary traumatization in partners and parents of Dutch peacekeeping soldiers. *Journal of Family Psychology*, 19, 217–226.
- Dowling, F. G., Moynihan, G., Genet, B., Lewis, J. (2006). A peer-based assistance program for officers with the New York City Police Department: Report of the effects of Sept. 11, 2001. *American Journal of Psychiatry*, 163, 151–153.

- Draper, B., Kõlves, K., de Leo, D., & Snowdon, J. (2014). The impact of patient suicide and sudden death on health care professionals. *General Hospital Psychiatry*, 36, 721–725. <http://dx.doi.org/10.1016/j.genhosppsych.2014.09.011>
- Drozin, A. H., Schulman, A., & Michelsen, H. (Eds.). (2008). *På jakt efter en metod för psykologisk stöd – utvärdering av frivilliga stödgrupper för drabbade av tsunamikatastrofen*. Huddinge: Centrum för allmänmedicin (CeFAM) Kris- & katastrofepsykologi Karolinska Institutet och Stockholms läns landsting.
- Duchano, M. L. (1987). *Humor: is it the best medicine?* Paper presented at "Stress: helping the helper" conference, May 9, Baltimore, USA.
- Duckworth, D. H. (1986). Psychological problems arising from disaster work. *Stress Medicine*, 2, 315–323.
- Duckworth, D. H. (1988). Disaster work and psychological trauma. *Disaster Management*, 1, 25–29.
- Dunning, C. (1988). Intervention strategies for emergency workers. I Lystad, M. (Ed.), *Mental health response to mass emergencies* (pp. 284–307). New York: Brunner/Mazel.
- Dunning, C. (1990). Mental health sequelae in disaster workers: Prevention and intervention. *International Journal of Mental Health*, 19, 91–103.
- Dunning, C., & Silva, M. (1980). Disaster-induced trauma in rescue workers. *Victimology: An International Journal*, 5, 287–297.
- Durham, T. W., McCammon, S. L., & Allison, E. J. (1985). The psychological impact of a disaster on rescue personnel. *Annals of Emergency Medicine*, 14, 664–668.
- Dutton, L. M. et al. (1978). Stress levels of ambulance paramedics and fire fighters. *Journal of Occupational Medicine*, 20, 111–115.
- Dutton, L. M. et al. (1978). Psychological stress levels in paramedics. *Emergency Medical Services, September/October*, 88–94.
- Dyregrov, A. (1983). Stress-reaksjoner hos hjelgere. *Tidsskrift for Norsk Psykologforening*, 20, 674–679
- Dyregrov, A. (1984). Redningspersonells reaksjoner etter katastrofer. *Impuls, Tidsskrift for psykologi*, 38, 6–15.
- Dyregrov, A. (1986). Belastninger i politimannskapers arbeidssituasjon. *Lensmannsetaten*, 65, 11–15..
- Dyregrov, A. (1987). Egne reaksjoner som hjelper. *Tidsskrift for Norsk Psykologforening*, 24, 171–173.
- Dyregrov, A. (1989). Caring for helpers in disaster situations: Psychological debriefing. *Disaster Management*, 2, 25–30.
- Dyregrov, A. (1990). Hjelperes psykologiske reaksjoner under og etter katastrofer. *Tidsskrift for Norsk Psykologforening*, 27, 255–265.
- Dyregrov, A. (1992). Traumatized kids, traumatized rescuers? *Emergency Medical Services*, 21, 21–24.
- Dyregrov, A., Kristoffersen, J. I., & Gjestad, R. (1996). Voluntary and professional disaster-workers. Similarities and differences in reactions. *Journal of Traumatic Stress*, 9, 541–555.
- Dyregrov, A., & Mitchell, J. T. (1988). Psykologisk debriefing. *Tidsskrift for Norsk Psykologforening*, 25, 217–224
- Dyregrov, A., & Mitchell, J. T. (1992). Work with traumatized children - psychological effects and coping strategies. *Journal of Traumatic Stress*, 5, 5–17.
- Dyregrov, A. & Solomon, R. M. (1991). Mental health professionals in disasters. An exploratory study. *Disaster Management*, 3, 123–128.

- Dyregrov, A., Thyholdt, R., & Mitchell, J. T. (1992) Rescue worker's emotional reactions following a disaster. In S. R. Engelman (Ed.), *Confronting life-threatening illness*.
- Døhlie, E. (2002). Dette gjør oss til mennesker. *Tidsskrift For Norsk Psykologforening*, 39, 21–24.
- Ehring, T., Razik, S., & Emmelkamp, P. M. G. (2010). Prevalence and predictors of posttraumatic stress disorder, anxiety, depression, and burnout in Pakistani earthquake recovery workers. *Psychiatry Research*, 185, 161–166.
- Eidelson, R. J., D'Alessio, G. R., & Eidelson, J. I. (2003). The impact of September 11 on psychologists. *Professional Psychology: Research and Practice*, 34, 144–150.
- Einav, S., Shalev, A. Y., Ofek, H., Freedman, S., Matot, I., & Weiniger, C. F. (2008). Differences in psychological effects in hospital doctors with and without post-traumatic stress disorder. *The British Journal of Psychiatry*, 193, 165–166.
- Elhai, J. D., Jacobs, G. A., Kashdan, T. B., DeJong, G. L., Meyer, D. L., & Frueh, B. C. (2006). Mental health service use among American Red Cross disaster workers responding to the September 11, 2001 U.S. terrorist attacks. *Psychiatric Research*, 143, 29–34.
- Elliott, D. M., & Guy, J. D. (1993). Mental health professionals versus non-mental-health professionals: childhood trauma and adult functioning. *Professional Psychology: Research and Practice*, 24, 83–90.
- Elsrud, S. (1986). Utestasjonert ektefelle: Opplevelse eller isolasjon. *Ledelse*, 10, 83–84.
- Elwood, L. S., Mott, J., Lohr, J. M., & Galovski, T. E. (2011). Secondary trauma symptoms in clinicians: A critical review of the construct, specificity, and implications for trauma-focused treatment. *Clinical Psychology Review*, 31, 25–36.
- Eriksson, C., Vande Kemp, H., Gorsuch, R., Hoke, S., & Foy, D. (2001). Trauma exposure and PTSD symptoms in international relief and development personnel. *Journal of Traumatic Stress*, 14, 205 – 212.
- Ersland, S., Weisæth, L., & Sund, A. (1989) The stress upon rescuers involved in an oil rig disaster. "Alexander Kielland" 1980. *Acta Psychiatrica Scandinavica*, 80, Supplementum, 38–49.
- Evand, F. B. III (2005). Trauma, torture, and transformation in the forensic assessor. *Journal of Personality Assessment*, 84, 25–28.
- Evans, S., Giosan, C., Patt, I., Spielman, L., & Difede, J. (2006). Anger and its association to distress and social/occupational functioning in symptomatic disaster relief workers responding to the September 11th, 2001, World Trade Center disaster. *Journal of Traumatic Stress*, 19, 147–152.
- Everly, G., S., jr., & Tallet, A., L. (2001). (Eds.), *Helping the EMS professional: The stress of providing emergency medical services for children*. Washington DC: American Psychological Association.
- Fairbank, J.A., & Fairbank, D.W. (2005). Families at risk: comment on Dirkzwager, Bramsen, Adèr, and van der Ploeg (2005). *Journal of Family Psychology*, 19, 230–232.
- Fals-Stewart, W., & Kelley, M. (2005). When family members go to war – a systematic perspective on harm and healing : comment on Dirkzwager, Bramsen, Adèr, and van der Ploeg (2005). *Journal of Family Psychology*, 19, 233–236.
- Farber, B. A. (1990). Burnout in psychotherapists: incidence, types, and trends. *Psychotherapy in Private Practice*, 8, 35–44.
- Farrenkopf, T. (1992). What happens to therapists who work with sex offenders? *Journal of Offender Rehabilitation*, 18, 217–223.
- Feinstein, D. (2008). Energy psychology in disaster relief. *Traumatology*, 14, 127–139.

- Figley, C. R. (1995). (Ed.), *Compassion fatigue*. New York: Brunner/Mazel.
- Figley, C. R. (1998). *Burnout in Families*. Washington, CRC Press.
- Figley, C. R. (2002). Compassion fatigue: Psychotherapists' chronic lack of self-care. *Psychotherapy in Practice*, 58,
- Figley, C. R. (2002). (Ed.), *Treating compassion fatigue*. New York. Brunner –Routledge.
- Figley, C.R. (2005). Strangers at home: comment on Dirkzwager, Bramsen, Adèr, and van der Ploeg (2005). *Journal of Family Psychology*, 19, 227–229.
- Fischman, Y. (1991). Interacting with trauma: clinicians' responses to treating psychological aftereffects of political repression. *American Journal of Orthopsychiatry*, 61, 179–185.
- Flannery, R. B. Jr. (2004). Managing stress in today's age: A concise guide for emergency services personnel. *International Journal of Emergency Mental Health*, 6, 205–209.
- Flin, R. H., & Slaven, G. M. (1995). Identifying the right stuff: selecting and training on-scene emergency commanders. *Journal of Contingencies and Crisis Management*, 3, 113–123.
- Friedman, M. J. (1996). PTSD diagnosis and treatment for mental health clinicians. *Community Mental Health Journal*, 32, 173–189, 191–193.
- Folkesson, P. (2003). *Reaktioner, handlingsmönster och erfarenheter hos räddningspersonal under och efter en svår innsats*. Karlstad: Karlstad Universitet.
- Follette, V. M., Polusny, M. M., & Milbeck, K. (1994). Mental health and law enforcement professionals: trauma history, psychological symptoms, and impact of providing services to child sexual abuse survivors. *Professional Psychology: Research and Practice*, 25, 275–282.
- Fox, R., & Carey, L. (1999). Therapists' collusion with the resistance of rape survivors. *Clinical Social Work Journal*, 27, 185 – 201.
- Freedman, T. G. (2004). Voices of 9/11 first responders: Patterns of collective resilience. *Clinical Social Work Journal*, 32, 377–393.
- Fullerton, C. S., Wright, K. M., Ursano, R. J., & McCarroll, J. E. (1993). Social support for disaster workers after a mass-casualty disaster: effects on the support provider. *Nordic Journal of Psychiatry*, 47, 315–324.
- Fulton, R. (1987). The many faces of grief. *Death Studies*, 11, 243–256.
- Fussell, F. W., & Bonney, W. C. (1990). A comparative study of childhood experiences of psychotherapists and physicists: implications for clinical practice. *Psychotherapy*, 27, 505–512.
- Gabriel, R., & Neal, L. A. (2002). Post-traumatic stress disorder following military combat or peace keeping. *British Medical Journal*, 324, 340–341.
- Gal, R., (1998). Colleagues in distress: 'helping the helpers'. *International Review of Psychiatry*, 10, 234–238.
- Gelkopf, M., Ryan, P., Cotton, S. J., & Berger, R. (2008). The impact of "training the trainers" course for helping Tsunami-survivor children on Sri Lankan disaster volunteer workers. *International Journal of Stress Management*, 15, 117–135.
- Geller, J. A., Madsen, L. H., & Ohrenstein, L. (2004). Secondary trauma: A team approach. *Clinical Social Work Journal*, 32, 415–430.
- Gersons, B., Carlier, I., Lamberts, R., & Van der Kolk, B. (2000). Randomized clinical trial of brief eclectic psychotherapy for police officers with posttraumatic stress disorder. *Journal of Traumatic Stress*, 2, 333 – 347.
- Ghahramanlou, M., & Brodbeck, C. (2000). Predictors of secondary trauma in sexual assault trauma counselors. *International Journal of Emergency Mental Health*, 2, 229 – 240.

- Gibbons, D., Lichtenberg, P., & van Beusekom, J. (1994). Working with victims: being empathic helpers. *Clinical Social Work Journal*, 22, 211–222.
- Gibson, M., & Iwaniec, D. (2003). An empirical study into the psychosocial reactions of staff working as helpers to those affected in the aftermath of two traumatic incidents. *British Journal of Social Work*, 33, 851–870.
- Gilhooly, M. L. M. (1984). The impact of care-giving on care-givers: factors associated with the psychological well-being of people supporting a dementing relative in the community. *British Journal of Medical Psychology*, 57, 35–44.
- Gist, R., & Woodall, S.J. (1995). Occupational stress in contemporary fire services. *Occupational Medicine: State of the Art Reviews*, 10, 4, 763–787.
- Gjerland, A., Pedersen, M. J. B., Ekeberg, Ø., & Skogstad, L. (2015). Sick-leave and help seeking among rescue workers after the terror attacks in Norway, 2011. *International Journal of Emergency Medicine*, 8, (31). <http://dx.doi.org/10.1186/s12245-015-0081-4>.
- Goldstein, I. B., Jamner, L. D., & Shapiro, D. (1992). Ambulatory blood pressure and heart rate in healthy male paramedics during a workday and a nonworkday. *Health Psychology*, 11, 48–54.
- Goldstein, L. S., & Buongiorno. P. A. (1984). Psychotherapists as suicide survivors. *American Journal of Psychotherapy*, 38, 392–399.
- Grace, S. L., Hershenfield, K., Robertson, E., & Stewart, D. E. (2005). The occupational and psychosocial impact of SARS on academic physicians in three affected hospitals. *Psychosomatics*, 46, 385–391.
- Graham, E. E., Papa, M. J., & Brooks, G. P. (1992). Functions of humor in conversation: conceptualization and measurement. *Western Journal of Communication*, 56, 161–183.
- Gray, M. J., Bolton, E.E., & Litz, B. T. (2004). A longitudinal analysis of PTSD symptom course: delayed-onset PTSD in Somalia peacekeepers. *Journal of Consulting and Clinical Psychology*, 72, 909–913.
- Greene, C. L. (2001). Human remains and psychological impact on police officers: Excerpts from psychiatric observations. *The Australian Journal of Disaster and Trauma Studies*, 2, 1–12.
- Grigsby, D. W., & McKnew, M. A. (1988). Work–stress burnout among paramedics. *Psychological Reports*, 63, 55–64.
- Gross, R., Neria, Y., Tao, X., Massa, J., Ashwell, L., Davis, K., & Geyh, A. (2006). Posttraumatic stress disorder and other psychological sequelae among World Trade Center clean up and recovery workers. *Annals of New York Academy of Sciences*, 1071, 495–499.
- Grundy, S. (1990). After a disaster. *Police Review*, February, 234–236.
- Gunther, M. S. (1994). Countertransference issues in staff caregivers who work to rehabilitate catastrophic–injury survivors. *American Journal of Psychotherapy*, 2, 208–220.
- Guo, Y. J., Chen, C. H., Lu, M. L., Tan, H. K. L., Lee, H. W., & Wang, T. S. (2004). Posttraumatic stress disorder among professionals rescuers involved in an earthquake in Taiwan. *Psychiatry Research*, 127, 35–41.
- Gustavsson, N., & Maceachron, A. E. (2002). Death and the child welfare worker. *Children and Youth Services Review*, 24, 903 – 915.
- Gutrie, R. M., & Bryant, R. A. (2005). Auditory startle response in firefighters before and after trauma exposure. *American journal of Psychiatry*, 162, 283–290.

- Guy, J. D., Brown, C. K., & Poelstra, P. L. (1991). Living with the aftermath: a national survey of the consequences of patient violence directed at psychotherapists. *Psychotherapy in Private Practice*, 9, 35–45.
- Haga, E. (1991). Lege – leg deg selv? I Nylenna, M. (red). *Å drive praksis, regler og råd for etablering og drift av legepraksis* 207–221. Oslo: Universitetsforlaget.
- Haga, E., Thorsen, O., Halvorsen, L., & Reiten, K. (1991). Helsetjenesten for leger i Rogaland, en spørreskjemaundersøkelse. *Tidsskrift for Norsk Lægeforening*, 111, 3625–2626.
- Hagh-Shenas, H., Goodarzi, M. A., Dehbozorgi, G., & Farashbandi, H. (2005). Psychological consequences of the Bam earthquake on professional and nonprofessional helpers. *Journal of Traumatic Stress*, 18, 477–483.
- Halpern, J., Gurevich, M., Schwartz, B., & Brazeau, P. (2009). What makes an incident critical for ambulance workers? Emotional outcomes and implications for interventions. *Work & Stress*, 23, 173–189.
- Hansen-Schwartz, J., Jessedn, G., & Jørgensen, H. O. (2003). Danske erfaringer vedrørende selvmord efter deltagelse i FN's fredsbevarende styrker. *Sucidologi*, 8, 22–23.
- Hamada, R. S., Pelowski, S. R., & Muraoka, M. Y. (1989). Patient suicide: occupational hazard for psychologists and psychiatrists. *Professional Psychology: Research and Practice*, 20, 294–300.
- Hartmann, K., & Allison, J. (1981). Expected psychological reactions to disaster in medical rescue teams. *Military Medicine*, 146, 323–327.
- Hartsough, D. M., & Myers, D. G. (1985). *Disaster work and mental health: prevention and control of stress among workers*. DHHS Publication No. (ADM) 85–600571. Rockville, Md., U.S. Department of Health and Human Services.
- Hassling, P. Disaster management and the Gothenburg fire of 1998: when first responders are blamed. *International Journal of Emergency Mental Health*, 2, 267–273.
- Haugen, P. T., Evces, M., & Weiss, D. S. (2012). Treating posttraumatic stress disorder in first responders: A systematic review. *Clinical Psychology Review*, 32, 370 – 380.
- Haugen, P. T., Splaun, A. K., Weiss, D. S., & Evces, M. R. (2013). Integrated approach for the treatment of posttraumatic stress disorder in 9/11 first responders: Three core techniques. *Psychotherapy*, 50, (3), 336–340.
- Heaney, C. A. (1991). Enhancing social support at the workplace: assessing the effects of the caregiver support program. *Health Education Quarterly*, 18, 477–494.
- Heinrich, M., Wagner, D., Schoch, W., Soravia, L. M., Hellhammer, D. H., & Ehlert, U. (2005). Predicting posttraumatic stress symptoms from pretraumatic risk factors: A 2-year prospective follow-up study in firefighters. *American Journal of Psychiatry*, 162, 2276–2286.
- Henckes, N., & Nurok, M. (2015). The first pulse you take is your own – but don't forget your colleagues. Emotion teamwork in pre-hospital emergency medical services. *Sociology of Health & Illness*, ISSN 0141-9889, 1–16. <http://dx.doi.org/10.1111/1467-9566.12261>.
- Henderson, S. N., Van Hasselt, V. B., LeDuc, T. J., & Couwels, J. (2016). Firefighter suicide: understanding cultural challenges for mental health professionals. *Professional Psychology: research and Practice*, 1–7. <http://dx.doi.org/10.1037/pro0000072>.
- Herlitz, C., & Brorsson, B. (1990). Facing Aids: reactions among police officers, nurses and the general public in Sweden. *Social Science Medicine*, 30, 913–918.
- Hershiser, M. R., & Quarantelli, E. L. (1976). The handling of the dead in a disaster. *Omega*, 7, 195–207.

- Hildebrand, J. F. (1986). Mutual help for spouses whose partners are employed in stressful occupations. *Journal for Specialists in Group Work*, May, 80–84.
- Hildebrand, J. F. (1987). *Mutual help for spouses whose partners are employed in stressful occupations*. Paper presented at Helping the Helper Workshop SM, The Assist Program for Emergency Services Spouses, April, Baltimore, USA.
- Hochwälder, J., Ivarsson, A-K., & Widell, J. (2002). Posttraumatiska stresseaktioner hos ambulanspersonalen inom Jämtlands läns landsting. *Samhällsmedicin Enheten för Psykisk Hälsa*, 5, 1–39.
- Holaday, M., Warren-Miller, G., Smith, A., & West, T. E. (1995). A preliminary investigation of on-the-scene coping mechanisms used by disaster workers. *Journal of Mental Health Counseling*, 17, 347–359.
- Holaday, M., & Smith, A. (1995). Coping skills training: evaluating a training model. *Journal of Mental Health Counseling*, 17, 360–367.
- Holaday, M., Warren-Miller, G., Smith, A., & Yost, T.E. (1995). A comparison of on-the-scene coping mechanisms used by two culturally different groups. *Counselling Psychology Quarterly*, 8, 81–88.
- Holmqvist, R. & Andersen, K. (2003). Therapist reactions to treatment of survivors of political torture. *Professional Psychology: Research and Practice*, 34, 294–300.
- Horn, P. J. (1994). Therapists' psychological adaption to client suicide. *Psychotherapy*, 31, 190–195.
- Horne, D. J. de L. et al. (1990). Reactions of first-year medical students to their initial encounter with a cadaver in the dissecting room. *Academic Medicine*, 65, 645–646.
- Hsee, C. K., Hatfield, E., & Chemtob, C. (1992). Assessments of the emotional states of others: conscious judgments versus emotional contagion. *Journal of Social and Clinical Psychology*, 11, 119–128.
- Hugelius, K., Berg, S., Westerberg, E., Gifford, M., & Adolfsson, A. (2014). Swedish ambulance managers' descriptions of crisis support for ambulance staff after potentially traumatic events. *Prehospital and Disaster Medicine*, 29, (6), 589–592. <http://dx.doi.org/10.1017/S1049023X14001071>.
- Huizink, A. C., Slottje, P., Witteveen, A. B., Biljsma, J. A., Twisk, J. W. R., Smidt, N., Bramsen, I., van Mechelen, W., van der Ploeg, H. M., Bouter, L. M., & Smid, T. (2006). Long term health complaints following the Amsterdam Air Disaster in police officers and fire-fighters. *Occupational and Environmental Medicine*, 63, 657–662.
- Hunt, R. S., & Woodward, L. (1998). The effects of secondary exposure to trauma in lay volunteers. *Poster presented at European Association of Behavioural and Cognitive Therapies, 28th Annual Congress*. Ireland.
- Håkanson, E., & Schulman, A. (1992). *Psychological support of personnel following a fire at a university hospital*. Paper presented at the World Conference of ISTSS, Amsterdam, The Netherlands.
- Hyman, O. (2004). Perceived social support and secondary traumatic stress symptoms in emergency responders. *Journal of Traumatic Stress*, 17, 149–156.
- Hytten, K., & Hasle, A. (1989). Fire fighters: A study of stress and coping. *Acta Psychiatrica Scandinavica*, 80, Supplementum, 50–55.
- Inoue, M., Tsukano, K., Muraoka, M., Kaneko, F., & Okamura, H. (2006). Psychological impact of verbal abuse and violence by patients on nurses working in psychiatric departments. *Psychiatric and Clinical Neurosciences*, 60, 29–36.
- International work group on death, dying, and bereavement. (2006). Caregivers in death, dying, and bereavements situation. *Death Studies*, 30, 649–663.

- James, A. (1988). Perceptions of stress in British ambulance personnel. *Work & Stress*, 2, 319–326.
- Jameson, O. (2006). "Oftast stänger jag av ljudet". *Stockholms Universitet Psykologiska Institutionen*, XXX, 1–41.
- Jayasinghe, N., Giosan, C., Difede, J.A., Spielman, L., & Robin, L. (2006). Predictors of responses to psychotherapy referral of WITC utility disaster workers. *Journal of Traumatic Stress*, 19, 307–312.
- Jayasinghe, N., Giosan, C., Evans, S., Spielman, L., & Difede, J. (2008). Anger of posttraumatic stress disorder in disaster relief workers exposed to the September 11, 2001 World Trade Center disaster. *The Journal of Nervous and Mental Disease*, 196, 844–846.
- Jenkins, S. R. (1997). Coping and social support among emergency dispatchers: hurricane Andrew. *Journal of Social Behavior and Personality*, 12, 201–216.
- Jenkins, S. R. (1997). Coping, routine activities, and recovery from acute distress among emergency medical personnel after a mass shooting incident. *Current Psychology: Developmental, Learning, Personality, Social*, 16, 3–19.
- Jiggetts, S. M., & Hall, D. P. Jr. (1995). Helping helper: 528th Combat Stress Center in Somalia. *Military Medicine*, 160, 275–277.
- Johnsen, B. H., Eid, J., Løvstad, T., & Michelsen, L. T. (1997). Posttraumatic stress symptoms in nonexposed, victims, and spontaneous rescuers after an avalanche. *Journal of Traumatic Stress*, 10, 133–140.
- Johnson, W. D. K. (1991). Predisposition to emotional distress and psychiatric illness amongst doctors: the role of unconscious and experiential factors. *British Journal of Medical Psychology*, 64, 317–329.
- Johnson, S. B., Langlieb, A. M., Teret, S. P., Gross, R., Schwab, M., Massa, J., et. al. (2005). Rethinking first response: Effects of the clean up and recovery effort on workers at the World Trade Center disaster cite. *Journal of Occupational and Environmental Medicine*, 47, 386–391.
- Jones, D. R. (1985). Secondary disaster victims: the emotional effects of recovering and identifying human remains. *American Journal of Psychiatry*, 142, 303–307.
- Jonsson, A., Segesten, K., & Mattson, B. (2003). Post-traumatic stress among Swedish ambulance personnel. *Emergency Medicine Journal*, 20, 79–84.
- Jonsson, A., & Segesten, K. (2003). The meaning of traumatic events as described by nurses in ambulance service. *Accident and Emergency Nursing*, 11, 141–152.
- Jordan, K. (2006). A case study: How a disaster mental health volunteer provided spiritually, culturally, and historically sensitive trauma training to teacher-counselors and other mental health professionals in Sri Lanka, 4 weeks after the Tsunami. *Brief Treatment and Crisis Intervention*, 6, 316–325.
- Kanyangale, M. D., & Maclachlan, M. (1995). Critical incidents for refugee counsellors: an investigation of indigenous human resources. *Counselling Psychology Quarterly*, 8, 89–101.
- Karakashian, M. (1994). Countertransference issues in crisis work with natural disaster victims. *Psychotherapy*, 31, 334–341.
- Kaspersen, M., Berge Mathiesen, S., & Götestam, G. (2003). Social network as a moderator in the relation between trauma exposure and trauma reaction: A survey among UN soldiers and relief workers. *Scandinavian Journal of Psychology*, 44, 415–423.
- Katsounari, I. (2015). The road less traveled and beyond: working with severe trauma and preventing burnout. *Burnout Research*, 2, 115–117.
<http://dx.doi.org/10.1016/j.burn.2015.10.002>.

- Keene, E. A., Hutton, N., Hall, B., & Rushton, C. (2010). Bereavement debriefing sessions: An intervention to support health care professionals in managing their grief after the death of a patient. *Pediatric Nursing*, 36 (4), 185–190.
- Keller, K. L., & Koenig, W. J. (1989). Management of stress and prevention of burnout in emergency physicians. *Annals of Emergency Medicine*, 18, 42–47.
- Kelman, I. (2008). The disaster gypsies: Humanitarian workers in the world's deadliest conflicts. *Journal of Contingencies and Crisis Management*, 16, 221–222.
- Kent, G. (1991). Reactions of medical students affected by a major disaster. *Academic Medicine*, 66, 368–371.
- Kingsbury, S. J. (1988). Hypnosis in the treatment of posttraumatic stress disorder: an isomorphic intervention. *American Journal of Clinical Hypnosis*, 31, 81–90.
- Kivimäki, M., & Lusa, S. (1994). Stress and cognitive performance of fire fighters during smoke-diving. *Stress medicine*, 10, 63–68.
- Kleespies, P. M., Smith, M. R., & Becker, B. R. (1990). Psychology interns as patient suicide survivors: incidence, impact, and recovery. *Professional Psychology: Research and Practice*, 21, 257–263.
- Kowalski, K.K., & Vaught, C. (2001). The safety and health of emergency workers. *Journal of Contingencies and Crisis Management*, 3, 138–143.
- Kroshus, J., Swarthout, D., & Tibbetts, S. (1995). Critical incident stress among funeral directors: identifying factors relevant for mental health counseling. *Journal of Mental Health Counseling*, 17, 441–450.
- Lamerson, C. D. & Kelloway, E. K. (1996). Towards a model of peacekeeping stress: Traumatic and contextual influences. *Canadian Psychology*, 37, 195–204.
- Landeen, J. J. (1988). Patient suicide: its impact on the therapeutic milieu of a psychiatric unit. *Perspectives in Psychiatric Care*, 24, 74–78.
- Lansen, J. (1990). *Psychiatric experience with victims and perpetrators and countertransference feelings in the therapist*, Tromsø lecture. Jewish Community Mental Health Services in The Netherlands.
- Larsson, G. (1992). Värdefullt för räddningspersonal att få delta i avtraumatiseringar. *Läkartidningen*, 89, 792–793.
- Larsson, G., Berglund, A., & Ohlsson, A. (2016). Daily hassles, their antecedents and outcomes among professional first responders: a systematic literature review. *Scandinavian Journal of Psychology*, 1–9. doi:10.1111/sjop.12303.
- Laube, J. (1973). Psychological reactions of nurses in disaster. *Nursing Research*, 22, 343–347.
- Lawrence, J., & Adler, R. (1992). Childhood through the eyes of child psychiatrists and paediatricians. *Australian and New Zealand Journal of Psychiatry*, 26, 82–90.
- Leck, P., Patt, I., Szkodny, L., Difede, J., & Giosan, C. (2006). Incidence of male childhood sexual abuse and psychological sequelae in disaster workers exposed to a terrorist attack. *International Journal of Emergency Mental Health*, 8, 267–274.
- Leffler, C. T., & Dembert, M. L. (1998). Posttraumatic stress symptoms among U.S. navy divers recovering TWA flight 800. *Journal of Nervous and Mental Disease*, 186, 574–577.
- Lengua, L. J., Long, A. C., & Meltzoff, A. N. (2006). Pre-attack stress-load, appraisals, and coping in children's responses to the 9/11 terrorist attack. *Journal of Child Psychology and Psychiatry*, 47, 1219–1227.
- Lilly, M. M., Pole, N., Best, S. R., Metzler, T., & Marmar, C. R. (2009). Gender and PTSD: what can we learn from female police officers. *Journal of Anxiety Disorders*, 23, 767–774.

- Lim, A. G., Stock, L., Oo, E. K. S., & Jutte, D. P. (2013). Trauma and mental health of medics in eastern Myanmar's conflict zones: a cross-sectional and mixed methods investigation. *Conflict and Health*, 7, (15), doi: 10.1186/1752-1505-7-15
- Lindstrøm, B., & Lundin, T. (1982). Yrkesmessig exponering for katastrof. *Nordisk Psykiatrisk Tidsskrift, suppl.* 6, 1–44.
- Linley, P. A., & Joseph, S. (2005). Positive and negative changes following occupational death exposure. *Journal of Traumatic Stress*, 18, 751–758.
- Litz, B. T., Orsillo, S. M., Friedman, M., Ehlich, P., & Batres, A. Posttraumatic stress disorder associated with peacekeeping duty in Somalia for U.S. military personnel. *American Journal of Psychiatry*, 154, 178–184.
- Lowery, K., & Stokes, M. A. (2005). Role of peer support and emotional expression on posttraumatic stress disorder in student paramedics. *Journal of Traumatic Stress*, 18, 171–179.
- Lundin, T., & Otto, U. (1989). Stress reactions among Swedish health care personnel in UNIFIL, South Lebanon 1982–1984. *Stress Medicine*, 5, 237–246.
- Lundin, T., & Otto, U. (1992). Swedish UN soldiers in Cyprus, UNFICYP: their psychological and social situation. *Psychotherapy and Psychosomatics*, 57, 187–193.
- Løvseth, L. T., & Asland, O. G. (2010). Confidentiality as a barrier to social support: A cross-sectional study of Norwegian emergency and human service workers. *International Journal of Stress Management*, 17 (3), 214–231.
- Mahoney, M. J. (1997). Psychotherapists' personal problems and self-care patterns. *Professional Psychology, Research and Practice*, 28, 14–16.
- Malkinson, R. (1987). Helping and being helped: the support paradox. *Death Studies*, 11, 205–219.
- Maltsberger, J. T., & Buie, D. H. (1974). Countertransference hate in the treatment of suicidal patients. *Archives of General Psychiatry*, 30, 625–633.
- Mangelsdorff, A. D. (1990). *Proceedings at the seventh users' stress workshop, Report 91-001*. Fort Sam, Houston, United States Army Health Care Studies and Clinical Investigation Activity.
- Manson, E. (1987). *Statewide care for caregivers*. Paper presented at Stress: "Helping the Helper" conference, May 8, Baltimore, USA.
- Markowitz, J. S. (1989). Long-term psychological distress among chemically exposed firefighters. *Behavioral Medicine*, Summer, 75–83.
- Marmar, C. R., Weiss, D. S., Metzler, T. J., Ronfeldt, H. M., & Foreman, C. (1996). Stress responses of emergency services personnel to the Loma Prieta earthquake interstate 880 freeway collapse and control traumatic incidents. *Journal of Traumatic Stress*, 9, 1, 63–85.
- Marmar, C. R., Weiss, D. S., Metzler, T. J., & Delucchi, K. (1996). Characteristics of emergency services personnel related to peritraumatic dissociation during critical incident exposure. *American Journal of Psychiatry*, 153, 94–102.
- McAdams III, C., & Foster, V. (2000). Client suicide: its frequency and impact on counselors. *Journal of Mental Health Counseling*, 22, 107–121.
- McCommon, S., Durham, T. W., Allison, E. J., & Williamson, J. E. (1988). *Journal of Traumatic Stress*, 1, 353–372.
- McCann, L., & Pearlman, L. A. (1990). Vicarious traumatization: a framework for understanding the psychological effects of working with victims. *Journal of Traumatic Stress*, 3, 131–149.
- McCarroll, J. E., Blank, A. S., & Hill, K. (1995). Working with traumatic material: effects on Holocaust memorial museum staff. *American Journal of Orthopsychiatry*, 65, 66–75.

- McCarroll, J. E., Fullerton, C. S., Ursano, R. J., & Hermsen, J. M., (1996). Posttraumatic stress symptoms following forensic dental identification: Mt. Carmel, Waco, Texas. *American Journal of Psychiatry, 153*, 778–752.
- McCarroll, J. E., Ursano, R. J., & Fullerton, C. S. (1993). Symptoms of posttraumatic stress disorder following recovery of war dead. *American Journal of Psychiatry, 150*, 1875–1877.
- McCarroll, J. E., Ursano, R. J., Fullerton, C. S., Oates, G. L., Ventis, W. L., Friedman, H., Shean, G. L., & Wright, K. M. (1995). Gruesomeness, emotional attachment, and personal threat: dimensions of the anticipated stress of body recovery. *Journal of Traumatic Stress, 8*, 343–349.
- McCarroll, J. E., Ursano, R. J., Wright, K. M., & Fullerton, C. S. (1993). Handling bodies after violent death: strategies for coping. *American Journal of Orthopsychiatry, 63*, 209–214.
- McCarroll, J. E., Ursano, R. J., Ventis, W. L., Fullerton, C. S., Oates, G. L., Friedman, H., Shean, G. D., & Wright, K. M. (1993). Anticipation of handling the dead: effects of gender and experience, *British Journal of Clinical Psychology, 32*, 466–468.
- McCarroll, J. M., Ursano, R. J., Fullerton, C. S., & Lundy, A. (1995). Anticipatory stress of handling human remains from the Persian Gulf War. *The Journal of Nervous and Mental Disease, 183*, 698–703.
- McCarroll, J. E., Ursano, R. J., & Fullerton, C. S. (1995). Symptoms of PTSD following recovery of war dead; 13-15 month follow-up. *American Journal of Psychiatry, 152*, 939–941.
- McCarroll, J., Ursano, R., Fullerton, C., Liu, X., & Lundy, A. (2001). Effects of exposure to death in a war mortuary on posttraumatic stress disorder symptoms of intrusion and avoidance. *The Journal of Nervous and Mental Disease, 189*, 44–48.
- McCaslin, S. E., Jacobs, G. A., Meyer, D. L., Johnson-Jimenez, E., Metzler, T. J. & Marmar, C. R. (2005). How does negative life change following disaster response impact distress among Red Cross responders? *Professional Psychology: Research and Practice, 36*, 256–253.
- McCaughey, B. G. (1984). Bereavement: intervention following an accident involving multiple deaths and no survivors. *Military Medicine, 149*, 687–688.
- MacDonald, C., Chamberlain, K., Long, N., Pereira-Laird, J., & Mirfin, K. (1998). Mental health, physical health, and stressors reported by New Zealand defence force peacekeepers: A longitudinal study. *Military Medicine, 163*, 477–481.
- McFarlane, A. C. (1988). The longitudinal course of posttraumatic morbidity. *The Journal of Nervous and Mental Disease, 176*, 30–39.
- McFarlane, A. C. (1988). The aetiology of post-traumatic stress disorders following a natural disaster. *British Journal of Psychiatry, 152*, 116–121.
- Medeiros, M. E., & Prochaska, J. O. (1988). Coping strategies that psychotherapists use in working with stressful clients. *Professional psychology: research and practice, 19*, 112–114.
- Mehlum, L., & Weisæth, L. (2002). Predictors of posttraumatic stress reaction in Norwegian U.N. peacekeepers 7 years after service. *Journal of Traumatic Stress, 15*, 17–26.
- Michel, P-O., Lundin, T., & Larsson, F. (2003). Stress reactions among Swedish peacekeeping soldiers serving in Bosnia: A Longitudinal study. *Journal of Traumatic Stress, 16*, 589–593.
- Midlarsky, E., Jones, S. F., & Corley, R. P. (2005). Personality of heroic rescue during the Holocaust. *Journal of Personality, 73*, 907–934.

- Miles, M. S., Demi, A. S., & Mostyn-Aker, P. (1984). Rescue workers' reactions following the Hyatt hotel disaster. *Death Education*, 8, 315–331.
- Miller, K. I., Stiff, J. B., & Ellis, B. H. (1988). Communication and empathy as precursors to burnout among human service workers. *Communication Monographs*, 55, 250–265.
- Miller, L. (1995). Tough guys: psychotherapeutic strategies with law enforcement and emergency services personnel. *Psychotherapy*, 32, 592–600.
- Mitani, S., Fujita, M., Nakata, K., & Shirakawa, T. (2006). Impact of post-traumatic stress disorder and job-related stress burnout: a study of fire service workers. *The Journal of Emergency Medicine*, 31, 7–11.
- Mitani, S., Fujita, M., Sakamoto, S., & Shirakawa, T. (2006). Effect of autogenic training on cardiac autonomic nervous activity in high-risk fire service workers for posttraumatic stress disorder. *Journal of Psychosomatic Research*, 69, 439–444.
- Mitchell, J. T. (1983). When disaster strikes.... The Critical Incident Stress Debriefing. *Journal of Emergency Medical Services*, 8, 36–39.
- Mitchell, J. T. (1988). The history, status and future of critical incident stress debriefings. *Journal of Emergency Medical Services*, 13, 47–52.
- Mitchell, J. T. (1988). Development and functions of a critical incident stress debriefing team. *Journal of Emergency Medical Services*, 13, 43–45.
- Mitchell, J. & Bray, G. (1990). *Emergency Services Stress*. Baltimore, Chevron Publishing Company.
- Mitchell, J. T., & Everly, G. S. (1993). *Critical Incident Stress Debriefing: An operations manual for the prevention of traumatic stress among emergency services and disaster workers*. Ellicott City, Md.: Chevron Publishing Company.
- Mitchell, J. T., & Dyregrov, A. (1992). Traumatic stress in disaster workers and emergency personnel: prevention and intervention. In J. P. Wilson & B. Raphael (Eds.), *The International Handbook of Traumatic Stress Syndromes*, New York, Plenum Press.
- Mitchell, M., & Hogg, I. (1997). The emotional impact of collecting crime evidence: the work of the scenes of crime officers. *Issues in Criminological & Legal Psychology*, 29, 35–40.
- Montgomery, C. L. (1991). The care-giving relationship: paradoxical and transcendent aspects. *The Journal of Transpersonal Psychology*, 23, 91–103.
- Moran, C., & Britton, N. R. (1994). Emergency work experience and reactions to traumatic incidents. *Journal of Traumatic Stress*, 7, 575–585.
- Morren, M., Yzermans, J., van Nispen, R. M. A., & Wevers, S. J. M. (2005). The health of volunteer firefighters three years after a technological disaster. *Journal of Occupational Health*, 47, 523–532.
- Mehlum, L. (1999). Alcohol and stress in Norwegian United Nations peacekeepers. *Military Medicine*, 164, 720–724.
- Mehlum, L., Koldslund, B. O., & Loeb, M. E. (2006). Risk factors for long-term posttraumatic stress reactions in unarmed UN military observes. *The Journal of Nervous and Mental Disease*, 194, 800–804.
- Mehlum, L., & Weisæth, L. (2002). Predictors of posttraumatic stress reactions in Norwegian U.N. Peacekeepers 7 years after service. *Journal of Traumatic Stress*, 15, 17–26.
- Naturale, A. (2007). Secondary traumatic stress in social workers responding to disasters: reports from the field. *Clinical Social Workers Journal*, 35, 173–181.
- Neumann, D. A., & Gamble, S. J. (1995). Issues in the professional development of psychotherapists: countertransference and vicarious traumatization in the new trauma therapist. *Psychotherapy*, 32, 341–347.

- Newhill, C. E., & Sites, E. W. (2000). Identifying human remains following an air disaster: The role of social work. *Social work in Health Care, 31*, 85–105.
- Noran, A.R. (1995). Literature search on the wives of firefighters. *Employee Assistance Quarterly, 10*, 3, 65–79.
- Norman, E. M. (1986). Post-traumatic stress disorder in military nurses who served in Vietnam during the war years 1965–1973. *Military Medicine, 153*, 238–242.
- Norman, E. M. (1989). The wartime experience of military nurses in Vietnam, 1965–1973. *Western Journal of Nursing Research, 11*, 219–233.
- Norman, E. M. (1988). Post-traumatic stress disorder in military nurses who served in Vietnam during the war years 1965–1973. *Military Medicine, 153*, 238–242.
- Norman, E. M. (1992). After the casualties: Vietnam nurses' identities and career decisions. *Nursing Research, 41*, 110–113.
- North, C. S., Tivis, L., McMillen, J. C., Pfefferbaum, B., Cox, J., Spitznagel, E. L., Bunch, K., Schorr, J., & Smith, E. M. (2002). Coping, functioning and adjustment of rescue workers after the Oklahoma City bombing. *Journal of Traumatic Stress, 15*, 171–175.
- Notø, T., Olsen, R., Normann, K., & Løberg, T. (2005). Psykologers reaksjoner på arbeid med selvmordsnære pasienter: En undersøkelse av et utvalg psykologer i Hordaland. *Tidsskrift for Norsk Psykologforening, 42*, 491–496.
- Orsillo, S. M., Roemer, L., Litz, B. T., Ehlich, P., & Friedman M. J. (1998). Psychiatric symptomatology associated with contemporary peacekeeping: An examination of post-mission functioning among peacekeepers in Somalia. *Journal of Traumatic Stress, 11*, 611–625.
- Ortlepp, K., & Friedman, M. (2002). Prevalence and correlates of secondary traumatic stress in workplace lay trauma counselors. *Journal of Traumatic Stress, 15*, 213–222.
- Paley, M. J., & Tepas, D. I. (1994). Fatigue and the shiftworker: firefighters working on a rotating shift schedule. *Human Factors, 36*, 269–284.
- Palmer, L. (1993). The nurses of Vietnam, still wounded. *The New York Times Magazine, November 7*, 34–68.
- Papadatou, D. (1997). Training health professionals in caring for dying children and grieving families. *Death Studies, 21*, 575–600.
- Paris, J., & Frank, H. (1983). Psychological determinants of a medical career. *Canadian Journal of Psychiatry, 28*, 354–357.
- Parkes, C. M. (1988). Bereavement as a psychosocial transition: processes of adaption to change. *Journal of Social Issues, 44*, 53–65.
- Paton, D. (1989). Disasters and helpers: psychological dynamics and implications for counselling. *Counselling Psychology Quarterly, 2*, 303–321.
- Paton, D. (1994). Disaster relief work: an assessment of training effectiveness. *Journal of Traumatic Stress, 7*, 275–288.
- Paton, D., & Kelso, B-A. (1991). Disaster rescue work: the consequences for the family. *Counselling Psychology Quarterly, 4*, 221–227.
- Paul, E. A. (1985). Wounded healers: a summary of the Vietnam nurse veteran project. *Military Medicine, 150*, 571–576.
- Pearlman, L. A. & Saakvitne, K. W. (1995). *Trauma and the therapist*. New York: W.W. Norton.
- Pehrson, K. L. (1993). Helping the helpers: family support for social workers mobilized during desert storm/shield. *Military Medicine, 158*, 441–445.
- Perrin, M. A., DiGrande, L., Wheeler, K., Thorpe, L., Farfel, M., & Brackbill, R. (2007). Differences in PTSD prevalence and associated risk factors among World Trade

- Center disaster rescue and recovery workers. *American Journal of Psychiatry*, 164, 1385–1394.
- Petrillo, G. (1989-1990). The distant mourner: an examination of the American gravedigger. *OMEGA*, 20, 139–148.
- Pfefferbaum, B., Gurwitch, R. H., Doughty, D. E., Foy, D. W., Pfefferbaum, R. L., Pynoos, R. S., et. al. (2004). Teachers' psychological reactions 7 weeks after the 1995 Oklahoma bombing. *American Journal of Orthopsychiatry*, 74, 263–271.
- Pfefferbaum, B., Tucker, P., North, C. S., Jeon-Slaughter, H., Kent, A. T., Schorr, J. K., Wilson, T. G., & Bunch, K. (2006). Persistent psychological reactivity in a pilot study of partners of firefighters after a terrorist attacks. *The Journal of Nervous and Mental Disease*, 194, 128–131.
- Pincus, S. H. (1998). Operational stress control in the former Yugoslavia: A joint endeavor. *Military Medicine*, 163, 358–362.
- Pine, V. R. (1974). Grief work and dirty work: the aftermath of an aircrash. *OMEGA*, 5, 281–286.
- Ploeg, H. M. van der, & Leeuwen, J. J. van. (1990). Burnout among Dutch psychotherapists. *Psychological Reports*, 67, 107–112.
- Poarch, J. E. (1985). Nightmare afternoon: the star school disaster. *Oklahoma State Medical Association Journal*, August, 313–318.
- Pope, K. S., & Feldman-Summers, S. (1992). National survey of psychologists' sexual and physical abuse history and their evaluation of training and competence in these years. *Professional Psychology: Research and Practice*, 23, 353–361.
- Popplow, J. R. (1984). After the fire-ball. *Aviation, Space and Environmental Medicine*, April, 337–338.
- Prati, G., Pietrantoni, L., & Cicognani, E. (2010). Self-efficacy moderates the relationship between stress appraisal and quality of life amongst rescue workers. *Anxiety, Stress and Coping*, 23 (4), 463–470.
- Prati, G., Pietrantoni, L. & Cicognani, C. (2011). Coping strategies and collective efficacy as mediators between stress appraisal and quality of life among rescue workers. *International Journal of Stress Management*, 18, 181–195.
- Quintyn, L., Winne, J. de., & Hodgkinson, P. E. (1990). The Zeebrugge disaster II: the disaster victim identification team - procedures and psychological support. *Disaster Management*, 2, 28–30.
- Racanelli, C. (2005). Attachment and compassion fatigue among American and Israeli mental health clinicians working with traumatized victims of terrorism. *International Journal of Emergency Mental Health*, 7, 115–124.
- Rademaker, A. R., Vermetten, E., & Kleber, R. J. (2009). Multimodell exposure-based group treatment for peacekeepers with PTSD: a preliminary evaluation. *Military Psychology*, 21, 482–496.
- Raphael, B. (1981). Personal disaster. *Australian and New Zealand Journal of Psychiatry*, 15, 183–198.
- Raphael, B. (1986). *When disaster strikes*. New York: Basic Books.
- Raphael, B. & Nunn, K. (1988). Counseling the bereaved. *Journal of Social Issues*, 44, 191–206.
- Raphael, B., Singh, B., & Bradbury, L. (1980). Disaster: the helpers perspective. *The Medical Journal of Australia*, October, 445–448.
- Raphael, B., Singh, B., Bradbury, L., & Lambert, F. (1983–84). Who helps the helpers? The effect of a disaster on the rescue workers. *Omega*, 14, 9–20.

- Rapoport, L., & Kren, G. (1993). Amoral Rescuers: The ambiguities of altruism. *Creativity Research Journal*, 6, 129–136.
- Rayner, J. F. (1958). How do nurses behave in disaster? *Nursing Outlook, October*, 572–576.
- Regehr, C., Goldberg, G., Glancy, G. D., & Knott, T. (2002). Posttraumatic symptoms and disability in paramedics. *Canadian Journal of Psychiatry*, 47, 953–958.
- Regehr, C., Goldberg, G., & Hughes, J. (2002). Exposure to human tragedy, empathy, and trauma in ambulance paramedics. *The American Journal of Orthopsychiatry*, 72, 505–513.
- Regel, S., Hunt, N., & Woodward, L. (1998). The effects of secondary exposure to trauma in lay volunteers. *Poster presented at European Association of Behavioural and Cognitive Therapies 28th Annual Congress*.
- Regehr, C., Hill, J., & Glancy, G. D. (2000). Individual predictors of traumatic reactions in firefighters. *Journal of Nervous and Mental Disease*, 188, 333–339.
- Renck, B., Weisæth, L., & Skarbø, S. (2002). Stress reactions in police officers after a disaster rescue operation. *Nordic Journal of Psychiatry*, 56, 7–14.
- Resick, P. A. (1986). Post-traumatic stress disorder in a Vietnam nurse: behavioral analysis of a case study. *Women and Therapy*, 5, 55–65.
- Richardson, J. D., Pekevski, J., & Elhai, J. D. (2009). Post-traumatic stress disorder and health problems among medically ill Canadian peacekeeping. *Australian and New Zealand Journal of Psychiatry*, 43, 366–372.
- Robins, P. M., Meltzer, L., & Zelikovsky, N. (2009). The experience of secondary traumatic stress upon care providers working within a children's hospital. *Journal of Pediatric Nursing*, 24, 270–279.
- Robinson, R. (1984). Health and stress in ambulance services. Report of evaluation study - part 1. *Research report 84–2*. Social Biology Resources Centre, Carlton.
- Robinson, R. C., & Mitchell, J. T. (1993). Evaluations of psychological debriefings. *Journal of Traumatic Stress*, 6, 367–382.
- Rogers, B., & Nickolaus, J. (1987). Vietnam nurses, while some, perhaps many, look back on Vietnam as a maturing experience, few were prepared for the exposure to personal danger, suffering, and death. *Journal of Psychosocial Nursing*, 25, 11–10.
- Rosebush, P. A. (1998). Psychological intervention with military personnel in Rwanda. *Military Medicine*, 163, 559–563.
- Rothschild, B. (2002). The mind and body of vicarious traumatization: Help for the helper. *Psychotherapy in Australia*, 8, 26–28.
- Rothschild, B., & Rand, M. (2006). *Help for the Helper, Self-care strategies for managing burnout and stress*. New York: W.W. Norton & Company.
- Roy, M. P., & Steptoe, A. (1994). Daily stressors and social support availability as predictors of depressed mood in male firefighters. *Work and Stress*, 8, 210–219.
- Rowe, A., & Regehr, C. (2010). Whatever gets you through today: An examination of cynical humor among emergency service professionals. *Journal of Loss and Trauma*, 15, 448–464.
- Rowling, L. (1995). The disenfranchised grief of teachers. *Omega: Journal of Death & Dying*, 31, 317–329.
- Sabin-Farrell, R., & Turpin, G. Vicarious traumatization: implications for the mental health of health workers? *Clinical Psychology Review*, 23, 449–480.
- Salston, M. D., & Figley, C. R. (2003). Secondary traumatic stress effects of working with survivors of criminal victimization. *Journal of Traumatic Stress*, 16, 167–174.
- Saner, R. (1990). Manifestation of stress and its impact on the humanitarian work of the ICRC delegate. *Political Psychology*, 11, 757–765.

- Sansone, R. A. (1996). The experience of psychiatric residents with disaster support: a descriptive report. *Journal of the Oklahoma State Medical Association*, 89, 238–241.
- Sattler, D. N., Boyd, B., & Kirsch, J. (2014). Trauma-exposed firefighters: Relationships among posttraumatic growth, posttraumatic stress, resource availability, coping and critical incident stress debriefing experience. *Stress and Health*, 30, 356–365.
- Saakvitne, K. W., & Pearlman, L. A. (1996). *Transforming the pain*. New York: W.W. Norton.
- Sewell, J. D. (1994). The stress of homicide investigations. *Death Studies*, 18, 565–582.
- Schauben, L. J., & Frazier, P.A. (1995). Vicarious trauma. The effects on female counselors of working with sexual violence survivors. *Psychology of Women*, 19, 49–64.
- Schooler, T. Y., Dougall, A. L., & Baum, A. (1999). Cues, frequency, and the disturbing nature of intrusive thoughts: Patterns seen in rescue workers after the crash of flight 427. *Journal of Traumatic Stress*, 12, 571–585.
- Schuchter, S. R. & Zisook, S. (1984). Psychological reactions to the PSA crash. *International Journal of Psychiatry in Medicine*, 14, 293–301.
- Shackell, D. L. (1992). *The impact of responding to critical incidents in schools on guidance in the Victorian department of school education*. Charles Sturt University, December.
- Shamai, M. (2005). Personal experiences in professional narratives: The role helpers' families in their work with terror victims. *Family Process*, 44, 203–215.
- Shields, J., Eedal, K., Skrinjaric, J., & Majic, G. (1999). Post-traumatic stress symptomatology among health care professionals in Croatia. *American Journal of Orthopsychiatry*, 69, 529–535.
- Shigemura, J., & Nomura, S. (2002). Mental health issues of peacekeeping workers. *Psychiatry and Clinical Neurosciences*, 56, 483–491.
- Shiri, S., Wexler, I. D., Alkalay, Y., Meiner, Z., & Kreitler, S. (2008). Positive and negative psychological impact after secondary exposure to politically motivated violence among body handlers and rehabilitation workers. *The Journal of Nervous and Mental Disease*, 196, 906–911.
- Simmons, R. G. (1991). Presidential address on altruism and sociology. *The Sociological Quarterly*, 32, 1–22.
- Simon, W. (1986). Suicide among physicians: prevention and postvention. *Crisis*, 7, 1–13.
- Skeffington, P., M., Rees, C. S., Mazzucchello, T. G., & Kane, R. T. (2016). The primary prevention of PTSD in firefighters: preliminary results of an RCT with 12-month follow-up. *Plos One*, 1–22. doi:10.1371/journal.pone.0155873.
- Skogstad, L., Fjetland, A. M., & Ekeberg, Ø. (2015). Exposure and posttraumatic stress symptoms among first responders working in proximity to the terror sites in Norway on July 22, 2011 – a cross-sectional study. *Scandinavian Journal of Trauma, Resuscitation and Emergency Medicine*, 23, (23). <http://dx.doi.org/10.1186/s13049-015-0104-4>.
- Skogstad, L., Heir, T., Hauff, E. & Ekeberg, Ø. (2016). Post-traumatic stress among rescue workers after terror attacks in Norway. *Occupational Medicine*, 1–8. doi:10.1093/occmed/kqw063.
- Sloan, I. H., Rozensky, R. H., Kaplan, L., & Saunders, S. M. (1994). A shooting incident in an elementary school: effects of worker stress on public safety, mental health and medical personnel. *Journal of Traumatic Stress*, 7, 565–574.
- Smith, B. W., Ortiz, J. A., Steffen, L. E., Tooley, E. M., Wiggins, K. T., et al. (2011). Mindfulness is associated with fewer PTSD symptoms, depressive symptoms, physical symptoms, and alcohol problems in urban firefighters. *Journal of Consulting and Clinical Psychology*, 79(5), 613–7.

- Smith, J. R. (1982). Personal responsibility in traumatic stress reactions. *Psychiatric Annals*, 12, 1021–1030.
- Soliman, H. H., Lingle, S. E., & Raymond, A. (1998). Perceptions of indigenous workers following participation in a disaster relief project. *Community Mental Health Journal*, 34, 557–568.
- Solomon, Z., Berger, R., & Ginzburg, K. (2007). Resilience of Israeli body handlers. Implications of repressive coping style. *Traumatology*, 13, 67–74.
- Sparrius, S. K. (1992). Occupational stressors among ambulance and rescue service workers. *South African Journal of Psychology*, 22, 87–91.
- Stamm, B. H. (1995). (Ed.), *Secondary Traumatic Stress*. Maryland: Sidran Press.
- Staub, E. (1993). The psychology of bystanders, perpetrators, and heroic helpers. *International Journal of Intercultural Relations*, 17, 315–341.
- Stauffer, E. M. (1987). *Developing family support for emergency workers*. Paper presented at Helping the Helper Workshop SM, The Assist Program for Emergency Services Spouses, April, Baltimore, USA.
- Steen Andersen, H., Korsgaard Christensen, A., & Odden Petersen, G. (1991). Post-traumatic stress reactions amongst rescue workers after a major rail accident. *Anxiety Research*, 4, 245–251.
- Stehle, J. L. (1981). Critical care nursing stress: the findings revisited. *Nursing Research*, 30, 182–186.
- Steinbaum, D. P., Chemtob, C., Boscarino, J. A., & Laraque, D. (2008). Use of a psychosocial screen to detect children with symptoms of posttraumatic stress disorder: an exploratory study. *Ambulatory Pediatrics*, 8, 32–35.
- Sterud, T., Ekeberg, Ø., & Hem, E. (2006). Health status in the ambulance services: a systematic review. *Bio Medical Central Health Services Research*, 6, 1–10.
- Stevenson, R. G. (1993). We laugh to keep from crying: coping through humor. *Loss, Grief & Care*, 7, 173–79.
- Stillman, F. (1987). *What about the families?* Paper presented at Helping the Helper Workshop SM, The Assist Program for Emergency Services Spouses, April, Baltimore, USA.
- Stone, L., & Schuldberg, D. (1990). Perceptual abreaction, magical ideation, and the Jackson Personality Research Form. *The Journal of Nervous and Mental Disease*, 178, 396.
- Stretch, R. H., Vail, J. D., & Maloney, J. P. (1985). Posttraumatic stress disorder among army nurse corps Vietnam veterans. *Journal of Consulting and Clinical Psychology*, 53, 704–708.
- Strohmeier, H., & Scholte, W. F. (2015). Trauma-related mental health problems among national humanitarian staff: a systematic review of the literature. *European Journal of Psychotraumatology*, 6, (28541). <http://dx.doi.org/10.3402/ejpt.v6.28541>.
- Strong, P. (1981). The recruitment and training of volunteers for emergency relief work. *Nursing Times*, January 8, 62–64.
- Stuhlmiller, C. M. (1994). Occupational meanings and coping practices of rescue workers in an earthquake disaster. *Western Journal of Nursing Research*, 16, 268–287.
- Sturt, R. H. B. (1988). The role of the coroner with special reference to major disasters. *Medical Science and Law*, 28, 275–285.
- Summerfield, D. (2011). Metropolitan police blues: protracted sickness absence, ill health retirement, and the occupational psychiatrist. *British Medical Journal*, 1–4.
- Svendsen, E. H. (2005). Å miste en pasient in selvmord. *Tidsskrift for Norsk Psykologforening*, 42, 512–514.

- Talbot, A., Manton, M., & Dunn, P. J. (1992). Debriefing the debriefers: An intervention strategy to assist psychologists after a crisis. *Journal of Traumatic Stress*, 5, 45–62.
- Taverniers, J., Smeets, T., Van Ruyseveldt, J., Syroit, J & von Grumbkow, J. (2011). The risk of being shot at: Stress, cortisol secretion, and their impact on memory and perceived learning during reality-based practice for armed officers. *International Journal of Stress Management*, 18, 113–132.
- Taylor, A. J. W., & Frazer, A. G. (1981). Psychological sequelae of operation overdue following the DC10 aircrash in Antarctica. *Victoria University of Publications in Psychology No. 27*, Department of Psychology, Victoria University of Wellington, New Zealand.
- Taylor, A. J. W., & Frazer, A. G. (1982). The stress of post disaster body handling and victim identification work. *Journal of Human Stress*, 8, 4–12.
- Taylor, A. J. W. (1990). Disasters, distress, and stress. *Community Mental Health in New Zealand*, 5, 60–68.
- Tehrani, N., Rainbird, C., & Dunne, B. (2007). British transport police – Caring for the workforce following the 7/7 terrorist bombs. *Report*, 1–13.
- Thomas, R. B., & Wilson, J. P. (2004). Issues and controversies in the understanding and diagnosis of compassion fatigue, vicarious traumatization, and secondary traumatic stress disorder. *International Journal of Emergency Mental Health*, 6, 81–92.
- Thoresen, S., & Mehlum, L. (2006). Suicide in peacekeepers: Risk factors for suicide versus accidental death. *Suicide and Life-Threatening Behavior*, 36, 432–442.
- Thoresen, S., & Mehlum, L. (2008). Traumatic stress and suicidal ideation in Norwegian male peacekeepers. *The Journal of Nervous and Mental Disease*, 196, 814–821.
- Thoresen, S., Mehlum, L., & Moller, B. (2003). Suicide in peacekeepers. *Social Psychiatry and Psychiatric Epidemiology*, 38, 605–610.
- Thormar, S. B., Gersons, B. P. R., Juen, B., Djakababa, M. N., Karlsson, T., & Olff, M. (2014). The impact of disaster work on community volunteers: The role of peri-traumatic distress, level of personal affectedness, sleep quality and resource loss, on post-traumatic stress disorder symptoms and subjective health. *Journal of Anxiety Disorders*, 28, 971–977. <http://dx.doi.org/10.1016/j.janxdis.2014.10.006>
- Thormar, S. B., Gersons, B. P. R., Juen, B., Marschang, A., Djakababa, M. N., & Olff, M. (2010). The mental health impact of volunteering in a disaster setting. A review. *The Journal of Nervous and Mental Disease*, 198 (8), 529–538.
- Thorson, J. A. (1985). A funny thing happened on the way to the morgue: Some thoughts on humor and death, and a taxonomy of the humor associated with death. *Death Studies*, 9, 201–216.
- Trifiletti E., Di Bernardo, G. A., Falvo, R., & Capozza, D. (2014). Patients are not fully human: a nurse's coping response to stress. *Journal of Applied Social Psychology*, 44, 768–777, doi.10.1111/jasp.12267
- Tuckey, M. R., & Hayward, R. (2010). Global and occupation-specific emotional resources as buffers against the emotional demands of fire-fighting. *Applied Psychology*, doi:10.1111/j.1464-0597.2010.00424.x, 1–23.
- Tyssen, R. (2001). Helseproblemer og helsetjeneste blant leger. *Tidsskrift for Den Norske Lægeforening*, 121, 3527–3532.
- Tyssen, R. (2001). Lege–pasient–forholdet når pasienten også er lege. *Tidsskrift for Den Norske Lægeforening*, 121, 3533–3535.
- Ursano, R. J., Fullerton, C. S., Tzu-Cheg, K., & Bhartiya, V. R. (1995). Longitudinal assessment of posttraumatic stress disorder and depression after exposure to traumatic death. *The Journal of Nervous and Mental Disease*, 183, 36–42.

- Ursano, R. J., Fullerton, C. S., Vance, K., & Kao, T. C. (1999). Posttraumatic stress disorder and identification in disaster workers. *American Journal of Psychiatry*, 156, 353–359.
- Ursano, R. J., & McCarroll, J. E. (1990). The nature of a traumatic stressor: handling dead bodies. *The Journal of Nervous and Mental Disease*, 178, 396–398.
- Vachon, M. L. S. (1987). *Occupational stress in the care of the critically ill, the dying, and the bereaved*. New York: Hemisphere Publishing Corporation.
- Vachon, M. (1995). Staff stress in hospice/palliative care: a review. *Palliative Medicine*, 9, 91–122.
- van de Vliert, E. (1995). Helpless Helpers: An Intergroup Conflict Intervention. *International Journal of Conflict*, 6, 91–100.
- van der Velden, P. G., van Loon, P., Benight, C. C., & Eckhardt, T. (2012). Mental health problems among search and rescue workers deployed in the Haiti earthquake 2010: A pre-post comparison. *Psychiatry Research*, doi:10.1016/j.prychres.2012.02.017
- Vanheule, S., & Declerq, F. (2009). Burnout, adult attachment and critical incidents: a study of security guards. *Personality and Individual Differences*, 46, 374–376.
- van Minnen, A., & Keijsers, G., P., J. (2001). A controlled study into the (cognitive) effects of exposure treatment on trauma therapists. *Journal of Behaviour Therapy and Experimental Psychiatry*, 31, 189–200.
- Venn, J. (1988). Hypnotic intervention with accident victims during the acute phase of posttraumatic adjustment. *American Journal of Clinical Hypnosis*, 31, 114–117.
- Veronese, G., Fiore, F., Castiliogni, M., el Kawaja, H. & Said, M. (2013). Can sense of coherence moderate traumatic reactions? A cross-sectional study of Palestinian helpers operating in war contexts. *British Journal of Social Work* (43), doi: 10.1093/bjsw/bcs005.
- Veronese, G., Pepe, A., & Afana, A. (2014). Conceptualizing the well-being of helpers living and working in war-like conditions: a mixed-method approach. *International Social Work*, 1–5. Doi: 10.1177/0020872814537855
- Violanti, J. M. (2001). Post traumatic stress disorder intervention in law enforcement: Differing perspectives. *The Australian Journal of Disaster and Trauma Studies*, 2, 1–10.
- Violanti, J. M., & Gehrke, A. (2004). Police trauma encounters: Precursors of compassion fatigue. *International Journal of Emergency Mental Health*, 6, 75–80.
- Wagner, S. L. (2005). Emergency response service personnel and the critical incident stress debriefing debate. *International Journal of Emergency Mental Health*, 7, 33–41.
- Wagner, D., Heinrich, M., & Ehlert, U. (1998). Prevalence of symptoms of posttraumatic stress disorder in German professional firefighters. *American Journal of Psychiatry*, 155, 1727–1732.
- Walkup, M. (1997). Policy dysfunction in humanitarian organizations: the role of coping strategies, institutions, and organizational culture. *Journal of Refugee Studies*, 10, 37–60.
- Walton, S. (1990). Stress management training for overseas effectiveness. *International Journal of Intercultural Relations*, 14, 507–527.
- Wang, X., & Lum, T. Y. (2013). Role of the professional helper in disaster intervention: Examples from the Wenchuan earthquake in China. *Journal of Social Work in Disability & Rehabilitation*, 12, 1-2, 116–129. Doi:10.1080/1536710x.2013.784600
- Wang, L., Zhang, J., Zhou, M., Shi, Z., & Liu, P. (2010). Symptoms of posttraumatic stress disorder among health care workers in earthquake-affected areas in Southwest China. *Psychological Reports*, 106 (2), 555–561.

- Ward, C. L., Flisher, A. J., & Kepe, L. (2006). A pilot study of an intervention to prevent negative mental health consequences of forensic mortuary work. *Journal of Traumatic Stress*, 19, 159–163.
- Warren, A. M., Jones, A. L., Shafi, S., Roden-Foreman, K., Bennett, M. M., & Foreman, M. L. (2013). Does caring for trauma patients lead to psychological stress in surgeons? *Journal of Acute Care Surgery*, 75, (1), 179–184.
- Waters, K. A., Selander, J., & Stuart, G. W. (1992). Psychological adaption of nurses post-disaster. *Issues in Mental Health Nursing*, 13, 177–190.
- Wayne, C., Beaton, R., Murphy, S., Johnson, C., & Pike, K. (1999). Exposure to traumatic incidents and prevalence of posttraumatic stress symptomatology in urban firefighters two countries. *Journal of Occupational Health Psychology*, 4, 131–141.
- Weaver, J. D. (1984). Work-related stressors and means of coping among crisis intervention workers and their spouses. *Emotional First Aid*, 1, 14–24.
- Weine, S., Danieli, Y., Silove, D., van Ommeren, M., Fairbank, J. A., & Saul, J. (2002). Guidelines for international training in mental health and psychosocial interventions for trauma exposed populations in clinical and community settings. *Psychiatry*, 65, 156–164.
- Weiss, D. S., Marmar, C. R., Metzler, T. J. & Ronfeldt, H. M. (1995). Predicting symptomatic distress in emergency services personnel. *Journal of Consulting and Clinical Psychology*, 63, 361–368.
- Weiss, R. S. (1988). Loss and recovery. *Journal of Social Issues*, 44, 37–52.
- Weisæth, L. (1994). UN peacekeeping – stress on soldiers an its aftereffects. *Wismic*, 5, 11–12.
- Weisæth, L., & Ersland, S. (1985). Redningspersonell: Stressreaksjoner under innsats og psykiske følger. I Retterstøl, N. & Weisæth, L. *Katastrofer og kriser*. Oslo, Universitetsforlaget.
- Weisæth, L., & Sund, A. (1982). Psychiatric problems in Unifil and the UN-soldier's stress syndrome. *International review of the Army, Navy and Air Force Medical Services*, 55, 109–116.
- Weissberg, M. P. & Katz, T. A. (1991). The crash of Continental 1713: the impact on hospital-based personnel. *The Journal of Emergency Medicine*, 9, 459–463.
- Werner, H. R. Bates, G. W., Bell, R. C., Murdoch, P., et al. (1992). Critical incident stress in Victoria State Emergency Service volunteers: characteristics of critical incidents, common stress responses, and coping methods. *Australian Psychologist*, 27, 159–165.
- Westphal, M., Bingisser, M.-B., Feng, T., Wall, M., Blakley, E., Bingisser, R., & et.al. (2015). Protective benefits of mindfulness in emergency room personnel. *Journal of Affective Disorders*, 175, 79–85. <http://dx.doi.org/10.1016/j.jad.2015.12.038>.
- Whealin, J. M., Ruzek, J. I., & Southwick, S. (2006). Cognitive-behavioral theory and preparation for professionals at risk for trauma exposure. *Trauma, Violence & Abuse*, 9, 100–113.
- Williams, S. J. (1990). The relationship among stress, hardiness, sense of coherence, and illness in critical care nurses. *Medical Psychotherapy*, 3, 171–186.
- Wisnivesky, J. P., Teitelbaum, S. L., Todd, A. C., Boffetta, P., Crane, M., et al. (2011). Persistence of multiple illnesses in World Trade Center rescue and recovery workers: a cohort study. *The Lancet*, 378, 888–897.
- Wraith, R. (). *Experiences of children of emergency services workers in disaster situations*. Department of Child & Family Psychiatry, Royal Children's Hospital, Melbourne, Australia.

- Wessely, S. (2011). Commentary: A police officer's lot is not a happy one. *British Medical Journal*, 1–2.
- Zhen, Y., Huang, Z., Jin, J., Deng, X., Zhang, L., & Wang, J. (2012). Posttraumatic stress disorder of Red Cross nurses in the aftermath of the 2008 Wenchuan China earthquake. *Archives of Psychiatric Nursing*, 26, (1), 63–70.
- Zerubavel, N., & Wright, M. O'D. (2012). The dilemma of the wounded healer. *Theory, Research, Practice, Training*, doi: 10.1037/a0027824
- Zimering, R., Gulliver, S. B., Knight, J., Munroe, J., & Keane, T. M. (2006). Posttraumatic stress disorder in disaster relief workers following direct and indirect trauma exposure to Ground Zero. *Journal of Traumatic Stress*, 19, 553–557.
- Zimmerman, G., & Weber, W. (2000). Care for the caregivers: A program for Canadian military chaplains after serving in NATO and United Nations peacekeeping missions in the 1990s. *Military Medicine*, 165, 687–690.
- Zun, L., Kobernick, M. & Howes, D. S. (1988). Emergency physician stress and morbidity. *American Journal of Emergency Medicine*, 6, 370–374.
- Zurcher, L. A. (1968). Social-psychological functions of ephemeral roles: a disaster work crew. *Human Organization*, 27, 281–297.
- Yeh, C-b, Leckman, J. F., Wan, F-J., Shiah. I-S., & Lu, R-B. (2002). Characteristics of acute stress symptoms and nitric oxide concentration in young rescue workers in Taiwan. *Psychiatry Research*, 112, 59–68.
- Young, K. M., & Cooper, C. L. (1999). Change in stress outcomes following an industrial dispute in the ambulance service: a longitudinal study. *Health Service Management Research*, 12, 51–62.
- Zafar, W., Siddiqui, E., Ejaz, K., Shehzad, M. U., Khan, U. R., Jamali. S., & Razzak, J. A. (2013). Violence: Recognition, management, and prevention. Health care personnel and workplace violence in the emergency departments of a volatile metropolis: Results from Karachi, Pakistan. *The Journal of Emergency Medicine*, <http://dx.doi.org/10.1016/j.jemermed.2013.04.049>